



# Park's Martial Arts

*Tae Kwon Do & Hap ki do  
Class Schedule*

## Clarkson Clayton



Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10:00 AM 10:50 AM	All Belt		All Belt			<b>Rec. Black &amp; Black Belt</b>
11:00 AM 11:50 AM						All Belt
4:30 PM 5:00 PM		Little Tiger <u>4 -7 years</u>		Little Tiger <u>4 -7 years</u>		
5:15 PM 6:00 PM	Children All Belt	All Belt	Children All Belt	<b>Advanced</b> (Brown & above)	Children All Belt	1:00-2:30 PM <i>Birthday Parties Available</i>
6:10 PM 7:00 PM	All Belt	All Belt	All Belt	All Belt	All Belt	
7:10 PM 8:00 PM	All Belt	<b>Advanced</b> (Brown & above)	<b>Olympic style Sparring</b>	All Belt		

- **Little Tiger**—Classes are for children 4 years -7 years old.
- **Children**—Classes are designed for children 7 years old to 13 years old of any belt level.
- **All Belts**—Classes are for adults and children of any belt and skill level.
- **Advanced**—Classes are for adults and children of **Brown Belt and above**.
- **Black Belt**—Classes are for Rec. Black and Black Belts only.
- **Olympic style Sparring**—Classes are for **Green Belt and above**.

Bring cup, mouth guard, arm and shin guards, headgear, and chest guard.

***Effective August, 2017***

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