

Park's Martial Arts

Volume 24, Issue 4

Spring

April 2017

Calendar

- **Saturday, April 1st - All Belts Promotional Testing starts @ 9:00 AM**
- **Sunday, April 9th - World Martial Arts Classic Spring Championship in Wisconsin**
- **Saturday April 15th**
 - **8:45-9:45 a.m. Black Belt Bootcamp @ Bluebird Park**
 - **12:00 – 1 p.m. Black Belt Prep Class @ Clarkson Clayton**
- **Friday, April 21st - 7:00 PM – 8:00 PM Rehearsal for Dan (degree) testing students @ Clarkson Clayton**
- **Saturday, April 22nd – Black Belt Dan Testing begins 9:00 AM @ Clarkson Clayton**
- **Saturday, April 29th – 1 – 3 p.m. Board Breaking Seminar @ Clarkson Clayton**
- **Saturday, May 13th – Park's Martial Arts 20th Annual Taekwondo Championship @ Lafayette High School**

Staff

Grand Master Park

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Master Park has a 8th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hap ki do.

Young Park

Grand Master Park's wife and office manager for the school, Young can answer any of your questions concerning the operations of the academy.

New Business

Promotion Testing



Do you have all four of your testing stripes? Have you memorized your forms? Are you ready to test for your next rank? Another testing opportunity approaches! Promotional testing will be **Saturday, April 1st**.

Promotional Testing Times:

9:00 a.m.	White-Orange Belts
9:45 a.m.	Green-Purple Belts
10:30 a.m.	Brown-High Red Belts
11:15 a.m.	Black Belts

Testing students are required to wear their full, formal uniform to testing. There will be no regularly scheduled classes on April 1st.

Black Belt Bootcamp and Prep Class

Saturday April 15th, we will have our Black Belt Bootcamp in the morning from at 8:45 to 9:45 a.m. at Bluebird Park. Students should wear comfortable running clothes and shoes.

In the afternoon, from 12 to 1 p.m., we will have a Black Belt Prep Class for all students testing on April 1st. Be sure to wear your uniform, and bring your testing packet with you.

Black Belt Dan Promotion Testing

The Black Belt Dan (degree) testing is April 22nd at 9:00 AM at Clarkson Clayton location. There will be a mandatory Black Belt rehearsal on Friday, April 21st at 7:00 PM Clarkson Clayton location.

PARK'S Martial Arts 20th Annual Tae Kwon Do Championship



On May 13th, 2017, Park's Martial Arts will host the 20th Annual Open Tae Kwon Do Championship, which is held at Lafayette High School. The competition is open to all students with the rank of White Belt through Black Belt. All 1st, 2nd, and 3rd place winners from each division will receive beautiful medals. This tournament will help promote the spirit of the Martial Arts, and will renew students' enthusiasm for the arts.

Please return the entry form as soon as possible so that our Instructors can help students perfect their form and practice for breaking. Remember, there is sparring class at Clarkson every Wednesday at 7:00 PM. We hope to see you all at the tournament.

Board Breaking Seminar



Park's Martial Arts will be hosting a Board Breaking Seminar on Saturday, April 29th, from 1 p.m. to 3 p.m.

Clarkson Clayton School
1334 Clarkson Clayton Center
Ellisville, MO 63011
636-227-3332



www.parksmma.net

This seminar is open to all students! The cost of the seminar is \$30, which includes the entry fee, and 10 free boards to break during the seminar. We will be covering color belt breaking techniques, black belt breaking techniques, tricks, tips, and much more!

Private Lessons

Need some extra preparation for the upcoming tournament? Or maybe you want some extra practice for the upcoming Black Belt Dan testing? Private lessons are a great way to make great improvements quickly! Get personal instruction for Master Nathan, a seven-time tournament Grand Champion.

Tae Kwon Do Half-Day TKD Camp Beyond Summer Camp

Park's Martial Arts offers Tae Kwon do half-day camp. It will be starts on Tuesday, May 20- Friday, June 2nd, from 9 AM to 12 PM. The cost of half day TKD camp is \$89 for first camper, the 2nd camper is \$69. Students are able to sign up now, and forms will be available at the front desk. Be sure to mark your calendars!

Tae Kwon Do Summer Day Camp



On June 12nd to June 16th Tae Kwon Do Summer Day Camp starts. Spend a week learning the secrets of Tae Kwon Do. It will be from 9 AM to 3:30 PM, and we will have special events such as bowling, Korean language class and much more. Grand Master Park will head the staff. The fee is \$189 per camper. The second camper is just \$159. Be sure to mark your calendars!

Big Bend School
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Manchester, MO 63021
636-230-5667