

Park's Martial Arts Reopening Policies and Procedures

Social Distancing Protocol:

- Tape markers will be placed to maintain a 6-foot distance inside the school, including on the mats.
- Only students will be allowed inside the school at this time. No other persons will be permitted to enter the school or observe classes.
- Students must wait in their cars until 10 minutes before their scheduled class time. Prompt pick up after class has ended is appreciated. ***We cannot allow any additional students into the building while students from a prior class remain.***
- In person classes will have a limit of 8 students. Students must pre-register for in person classes.
- Only one student, staff member, or family group will be allowed in the bathroom or locker room at a time.
- No handshakes, high fives, or fist bumps will be permitted. "Air" high fives are encouraged.

Healthy Hygiene Practices:

- All students and staff members must wash hands with soap and water or use hand sanitizer upon entering and leaving the school.
- Staff will wear a face mask at all times.
- Students must wear a face mask in the building except during class time. ***The CDC recommends that all people over the age of 2 wear a face mask in public spaces, unless they have a specific health concern that limits the ability to breathe while wearing a face mask. Please let us know if you have a condition that impedes your use of a face mask within our facilities.***
- Avoid touching face (eyes, nose, mouth). If you touch you face, immediately wash hands with soap and water or use hand sanitizer.
- Cover your face when coughing or sneezing. After coughing or sneezing, immediately wash hands with soap and water or use hand sanitizer.
- Uniforms should be washed after every class.
- Stay home if you are feeling ill, including symptoms of COVID-19, or if you have had close contact with a person diagnosed with COVID-19 within the past 14 days.

Sanitation Protocols:

- The dojang (mats) will be disinfected daily with an EPA approved disinfectant.
- All high touch surfaces will be disinfected multiple times a day, after each class and additionally as needed. This includes weapons, targets, door handles, bathrooms, countertops, etc.
- Clean shoes will be worn during class. If you prefer, clean socks may be worn during class instead of shoes.
- The drinking fountain will remain closed at this time. Please bring a personal water bottle with you and do not share with others.

Health Screenings:

- All students and staff must undergo a health screening when entering the school.
- All students and staff will be checked for a fever using a no touch thermometer.
- Any student or staff who cannot pass the health screening, including those with a fever above 100.4°F will not be permitted to enter the school.

Other Important Information:

- Students may attend one (1) in person class each week. If a student does not wish to attend Zoom or Facebook Live classes, arrangements will be made to allow that student to attend two (2) in person classes per week.
- Students may attend as many Zoom or Facebook Live classes per week as they wish.

Additional Notes:

To ensure safety for both our students, and others within the shopping centers, we must ask that no cars block the Fire Lane at either location. This means that you cannot stop, stand, park, or otherwise utilize the Fire Lanes during or between class times. Please park in the parking lot and allow your students to walk to and from the school entrance. For those that would like to accompany their student through the parking lot, we ask that you leave them at the door. We cannot allow anyone other than students into the buildings during class time. If you have any questions, concerns, or a wish to speak to a staff member in person, you may call or email to set up an appointment.