



# Park's Martial Arts



## 23<sup>rd</sup> Annual Tae Kwon Do Championship



**Saturday, May 2<sup>nd</sup>, 2020**

***Events: Official Form, Board Breaking, Sparring, Weapon, Family Form***

**Where: Parkway West High School  
14653 Clayton Road, Ballwin, MO 63011**

**Sponsored by Park's Martial Arts Academy  
677 Big Bend Road, Manchester, MO 63021  
1334 Clarkson Clayton Center, Ellisville, MO 63011**

**For more information call 636-227-3332  
Or visit [www.parksma.net](http://www.parksma.net)**

# TOURNAMENT DIRECTOR

## Grand Master Tae Hyen Park

### Awards

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place will be awarded in Official Form, Board Breaking, Sparring, Weapon and Family Form events.

Grand Championships are awarded in Official Form, Board Breaking, and Family Form competition for black belts.

### Requirements

All competitors must be students of an established school or club whose instructor holds the rank of at least 2<sup>nd</sup> Dan black belt.

**Only official white or black Tae Kwon Do uniform will be allowed.**

### Free Sparring

A uniform, chest guard, mouthpiece, head gear, arm guards, shin guards and protective cup (for males) are required. Other safety equipment is optional but strongly recommended.

Matches are assigned based upon division. All efforts will be made to make sure each competitor has at least one match, but this will depend upon registration numbers.

*A gap win will occur when one competitor has scored at least 20 points more than opponent.  
Black belts are guaranteed at least one full round.*

### Board Breaking

Only wood boards are allowed in the board breaking competition.

*Competitors **must** purchase approved boards at the tournament site. This is an additional charge beyond the registration cost. Only cash or check will be accepted for payment.*

### Family Form

This competition is for families only. Non family member teams will be disqualified.

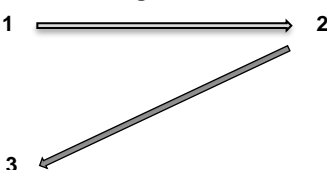

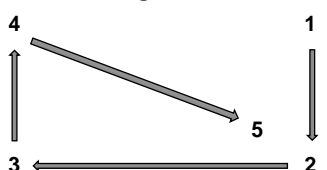
### Schedule of Events

Time	
Registration Opens 8am	<b>Early Registration ends April 25<sup>th</sup>, 2020</b> <b>Registration WILL NOT be accepted at the door.</b>  <b>Early Registration Entry Fees</b> \$65 – one (1) or two (2) events, \$10 each additional event  <b>After April 25<sup>th</sup>, 2020</b> \$75 – one (1) or two (2) events, \$10 each additional event  <b>General Admission</b> Advance - \$5 per adult, \$3 per child At the door - \$7 per adult, \$5 per child Children under 5 FREE  <b>Please pay cash or check to Park's Martial Arts</b>
Black Belt (Referee) Meeting 8:30am <u>Mandatory for ALL Black Belts age 16 &amp; older</u>	
Black Belt Competition Begins 9:00am <u>Black Belt Registration ends 8:45am</u>	
Color Belt Competition Begins 11am <u>Color Belt Registration ends 30 min prior to start time</u>	
<b>Opening Ceremonies and Masters Demonstration at 1pm</b>	
Family Form & Weapon Competition Begins 1:30pm	
Color Belt Competition Resumes 2pm <u>Color Belt Registration ends 30 min prior to start time</u>	
<b>Location</b> Parkway West High School 14653 Clayton Road Ballwin, MO 63011	

## Board Breaking Divisions

Color belts must follow a set routine as outlined below. Black belts will create a unique routine.

*Competitors MUST purchase their own boards. You will be given up to three chances for each break.*

Age	Belt			
	White, Yellow, Orange, Green (Beginner)	Blue, Purple, Brown, High Brown (Intermediate)	Red, High Red, Rec Black, Temp Black (Advanced)	Black Belt (All Ranks)
<b>Ages 6 &amp; Under</b>	3 Boards 1. Hammer Fist 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	4 Boards 1. Knife Hand 2. Hammer Kick (Axe Kick) 3. Sliding Side Kick 4. Jumping Front Snap Kick	5 Boards 1. Palm Punch 2. Knife Hand 3. Back Kick 4. Spinning Hook Kick 5. Jumping Front Snap Kick	5 Board Freestyle  (see below for scoring criteria)
<b>Ages 7 &amp; Older</b>	3 Boards 1. Hammer Fist 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	4 Boards 1. Knife Hand 2. Sliding Side Kick 3. Sliding Hook Kick 4. Jumping Front Snap Kick	5 Boards 1. Palm Punch 2. Knife Hand 3. Back Kick 4. Spinning Hook Kick 5. Tornado Roundhouse Kick	
<b>Breaking Pattern</b>	<b>Judges Table</b> 	<b>Judges Table</b> 	<b>Judges Table</b> 	

### Black Belt Breaking Points System

Point Value	Technique
1 point	All hand techniques, front snap kick, hammer kick, side kick, roundhouse kick, back foot hook kick, all sliding kicks
2 points	Any above kick with a jump or spin (jumping front snap kick, tornado roundhouse kick, spinning hook kick, etc)
3 points	Same time double jumping front snap kick (chest high), scissor kick (chest high), jumping spinning hook kick (head high)
4 points	Running triple front snap kick, 360° back kick, all obstacle kicks
5 points	Back flip kick, 540°

**Black belts are limited to FIVE (5) boards, regardless of chosen breaking techniques.**

Point deductions:

1 point techniques will lose .5 point per mistake  
2, 3, 4, 5 point techniques will lose 1 point per mistake

## Schedule & Divisions

Time	Ring	Rank	Age
<b>8:00 AM</b>	<b>Doors Open/Registration Begins</b>		
<b>8:30 AM</b>	<b>Black Belt/Referee Meeting (Ages 16+)</b>		
<b>9:00 AM</b>	<b>All Black Belt Competition (Form, Breaking, Sparring)</b>		
	Ring #1	All Ranks	Ages 9 & Under
	Ring #2	All Ranks	Ages 10-11
	Ring #3	All Ranks	Ages 12-13
	Ring #4	All Ranks	Ages 14-15
	Ring #5	All Ranks	Ages 16-19
Ring #6	All Ranks	Ages 20 & Over	
<b>10:30 AM</b>	<b>Black Belt Grand Championship Competition</b>		
<b>11:00 AM</b>	<b>Color Belt Competition Ages 8 &amp; Under (Form, Breaking, Sparring)</b>		
	Ring #1	All Ranks	Ages 5 & Under
	Ring #2	All Ranks	Age 6
	Ring #3	Beginner	Ages 7-8
	Ring #4	Intermediate	Ages 7-8
	Ring #5	Advanced	Ages 7-8 Female
Ring #6	Advanced	Ages 7-8 Male	
<b>12:30 PM</b>	<b>Lunch Break</b>		
<b>1:00 PM</b>	<b>Opening Ceremony/Masters Demonstration</b>		
<b>1:30 PM</b>	Ring #1	Color Belts	<b>Family Form Competition</b>
	Ring #2	Black Belts	<b>Family Form Competition</b>
	Ring #4	Color Belts	<b>Weapon Competition</b>
	Ring #5	Black Belts	<b>Weapon Competition</b>
<b>2:00 PM</b>	<b>Color Belt Competition Ages 9-12 (Form, Breaking, Sparring)</b>		
	Ring #1	Beginner	Ages 9-10
	Ring #2	Intermediate	Ages 9-10
	Ring #3	Advanced	Ages 9-10
	Ring #4	Beginner/Intermediate	Ages 11-12
	Ring #5	Advanced	Ages 11-12 Female
Ring #6	Advanced	Ages 11-12 Male	
<b>3:30 PM</b>	<b>Color Belt Competition Ages 13 &amp; Over (Form, Breaking, Sparring)</b>		
	Ring #1	Beginner/Intermediate	Ages 13-19
	Ring #2	Advanced	Ages 13-19
	Ring #3	All Ranks	Ages 20 & Over

**Times are approximate and may vary depending on the flow of the tournament.**

Belt Ranks:

Beginner – White, Yellow, Orange, Green (or equivalent – 10<sup>th</sup>, 9<sup>th</sup>, 8<sup>th</sup>, 7<sup>th</sup> kup)

Intermediate – Blue, Purple, Brown, High Brown (or equivalent – 6<sup>th</sup>, 5<sup>th</sup>, 4<sup>th</sup>, 3<sup>rd</sup> kup)

Advanced – Red, High Red, Rec Black, Temp Black (or equivalent – 2<sup>nd</sup>, 1<sup>st</sup> kup)