



# Park's Martial Arts

*Tae Kwon Do & Hapkido*

## Class Schedule

### Big Bend



Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10:00 AM 10:50AM						
11:00 AM 11:50 AM						
4:45 PM 5:15 PM			Little Tiger <u>4 -7 years</u>		Little Tiger <u>4 -7 years</u>	
5:30 PM 6:15 PM	Children All Belt	All Belt	Children All Belt	All Belt	Children All Belt	<b>1:00-2:30</b> <i>Birthday Parties Available</i>
6:30 PM 7:20 PM	All Belt	All Belt	All Belt	<b>Advanced</b> (Brown & above)		

- **Little Tiger**—Classes are for **children 4-7 years old**.
- **Children**—Classes are designed for **children 7 years old to 13 years old** of any belt level.
- **All Belts**—Classes are for adults and children of any belt and skill level.
- **Advanced**—Classes are for adults and children of **Brown belts and above**.
- **Black Belt**—Classes are for Recommendation Black Belts and Black Belts only.
- **Olympic Style Sparring**—Classes are **Green belts & above**. Bring sparring gears.

**Effective August, 2019**

Big Bend & Sulpher Springs  
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