

Park's Martial Arts

Volume 26, Issue 8



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August 2019

CALENDAR - AUGUST

- **Aug 3rd** – All Belt Promotion Testing
- **Aug 10th** –Movie Night
- **Aug 31st – Sept 2nd** – **NO CLASSES**
Labor Day Holiday

LOOKING AHEAD

- **Nov 23rd** – Black Belt Dan Testing @ 9am
Parkway Southwest Middle School

STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

GRAND MASTER PARK

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has an 8th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hap Ki Do.

YOUNG PARK

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.

Big Bend Schedule Change

Beginning **Friday, August 2nd, 2019**, we will have a schedule change at our Big Bend location. **Little Tigers will move to 4:45pm on Wednesdays and Fridays.** This will not impact any other classes at Big Bend and will have no effect on the Clarkson Clayton location.

ALL BELT PROMOTION TESTING



Once again it is time for our students to advance in rank. Testing will be held on **Saturday, August 3rd** at the Clarkson Clayton school.

9am- White, Yellow & Orange Belts

9:45am - Green, Blue & Purple Belts

10:30am - Brown, High Brown, Red & High Red Belts

11:15am - All Black Belt Credit

Grand Master Park and the Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Testing forms must be filled out and returned no later than **Wednesday, July 31st** in order to receive your belt on testing day. The Belt Ceremony will take place immediately after testing.

Due to testing there will be no regularly scheduled classes on Saturday, August 3rd.

MOVIE NIGHT



Join us for a fun movie night before school begins again! On Saturday, August 10th we will have movie night at the Clarkson Clayton location from 6pm until 9pm. The cost of this special event will be \$35. Each paid student may bring one non-student friend FREE. Pizza and snacks will be provided.



Park's Martial Arts will be closed Saturday, August 31st - Monday, September 2nd for the Labor Day Holiday. Enjoy these days off and spend some time with friends and family.

Winter Dan Testing

Our next opportunity for Black Belt Dan Testing will be **Saturday, November 23rd at 9am**. Testing forms and packets for Black Belt Dan Testing are now available at both schools. If you plan to test, make sure to start your preparations early to ensure success!

Dates for Boot Camp and Prep Classes will be announced in September.

Testing forms are due no later than **Saturday, October 12th** in order to ensure you receive your belt on testing day.

If you have any questions regarding Black Belt Dan Testing, please inquire at the front desk.

Keep Yourself Informed!

Important dates, changes, and announcements are all available online! Visit parksma.net to stay on top of everything going on at our school. You can also find us on Facebook @ParksMartialArtsSTL and Instagram @parks_ma_stl.

PRIVATE LESSONS

Park's Martial Arts offers private lessons for students that need some extra help, or simply wish to fine-tune their techniques. This can be a great way to prepare for Dan Testing as well! There is an extra charge for this service. Please inquire at the front desk if you are interested in booking private lessons.