

2019 Park's Martial Arts

22nd Annual Tae Kwon Do Championship



Saturday, May 11, 2019

Events: Official Form, Board Breaking, Sparring, Weapon, Family Form

Where: Lafayette High School
17050 Clayton Road, Ellisville, MO 63011

Sponsored by Park's Martial Arts Academy
677 Big Bend Road, Manchester, MO 63021
1334 Clarkson Clayton Center, Ellisville, MO 63011

For more information call 636-227-3332
Or visit www.parksma.net

TOURNAMENT DIRECTOR

Grand Master Tae Hyen Park

Awards

1st, 2nd and 3rd place will be awarded in Official Form, Board Breaking, Sparring, Weapon and Family Form events.

Grand Championships are awarded in Official Form and Board Breaking competition for black belts.

Requirements

All competitors must be students of an established school or club whose instructor holds the rank of at least 2nd Dan black belt.

Only official white or black Tae Kwon Do uniform will be allowed.

Free Sparring

A uniform, chest guard, mouthpiece, head gear, arm guards, shin guards and protective cup (for males) are required. Other safety equipment is optional but strongly recommended.

*A gap win will occur when one competitor has scored at least 20 points more than opponent.
Black belts are guaranteed at least one full round.*

Board Breaking

Only wood boards are allowed in the board breaking competition. White-Green Belts will break 3 boards, Purple-High Brown Belts will break 4 boards, and Red-Black Belts will break 5 boards.

*Competitors **must** purchase approved boards at the tournament site. This is an additional charge beyond the registration cost.*

Family Form

This competition is for families only. Non family member teams will be disqualified.

Schedule of Events	
<p style="text-align: center;">Time</p> Registration Opens 8am Black Belt (Referee) Meeting 8:30am <u>Meeting is mandatory for ALL black belts</u> <u>Age 16 & older</u> Black Belt Competition Begins 9:00am Family Form and Weapon Competition at 11:00am Opening Ceremonies and Masters Demonstration at 11:30am Color Belt Competition Begins 12:30pm Location Lafayette High School 17050 Clayton Road Wildwood, MO 63011	<p style="text-align: center;">Registration must be postmarked by April 27, 2019</p> <p style="text-align: center;">Pre-Registration Entry Fees \$65 – one (1) or two (2) events, \$10 each additional event</p> <p style="text-align: center;">After April 27, 2019 \$75 – one (1) or two (2) events, \$10 each additional event</p> <p style="text-align: center;">General Admission Advance - \$5 per adult, \$3 per child At the door - \$7 per adult, \$5 per child Children under 5 FREE</p> <p style="text-align: center;">Please pay cash or check to Park's Martial Arts</p>

Schedule & Divisions

Time	Ring	Rank	Age
8:00 AM	Doors Open/Registration Begins		
8:30 AM ~ 9:00 AM	Black Belt/Referee Meeting (Ages 16+)		
9:00 AM ~ 11:00 AM	All Black Belt Competition (Form, Breaking, Sparring)		
	Ring #1	All Ranks	9 Year Old & Under
	Ring #2	All Ranks	10-11 Year Old
	Ring #3	All Ranks	12-13 Year Old
	Ring #4	All Ranks	14-15 Year Old
	Ring #5	All Ranks	16-19 Year Old
	Ring #6	All Ranks	20 Year Old & Over
11:00 AM ~ 11:30 AM	Ring #1	All Ranks	Family Form Competition
	Ring #4	All Ranks	Weapon Competition
11:30 AM ~ 12:00 PM	Opening Ceremony/Masters Demonstration		
12:00 PM ~ 12:30 PM	Lunch Break		
12:30 PM ~ 2:00 PM	Color Belt Competition (Form, Breaking, Sparring)		
	Ring #1	Beginner	6 Year Old & Under
	Ring #2	Intermediate	6 Year Old & Under
	Ring #3	Advanced	6 Year Old & Under
	Ring #4	Beginner	7-8 Year Old
	Ring #5	Intermediate	7-8 Year Old
	Ring #6	Advanced	7-8 Year Old
2:00 PM ~ 3:30 PM	Color Belt Competition (Form, Breaking, Sparring)		
	Ring #1	Beginner	9-10 Year Old
	Ring #2	Intermediate	9-10 Year Old
	Ring #3	Advanced	9-10 Year Old
	Ring #4	Beginner	11-13 Year Old
	Ring #5	Intermediate	11-13 Year Old
	Ring #6	Advanced	11-13 Year Old
3:30 PM ~ 4:30 PM	Color Belt Competition (Form, Breaking, Sparring)		
	Ring #1	Beginner	14-15 Year Old
	Ring #2	Intermediate	14-15 Year Old
	Ring #3	Advanced	14-15 Year Old
	Ring #4	All Ranks	16-25 Year Old
	Ring #5	All Ranks	26-39 Year Old
	Ring #6	All Ranks	40 Year Old & Over

Times are approximate and may vary depending on the flow of the tournament.

Belt Ranks:

Beginner – White, Yellow, Orange, Green (or equivalent – 10th, 9th, 8th, 7th kup)

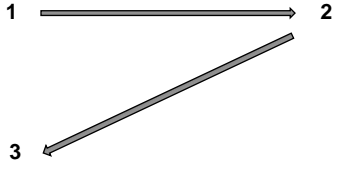

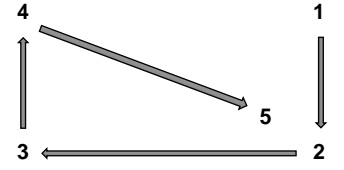
Intermediate – Blue, Purple, Brown, High Brown (or equivalent – 6th, 5th, 4th, 3rd kup)

Advanced – Red, High Red, Rec Black, Temp Black (or equivalent – 2nd, 1st kup)

Board Breaking Divisions

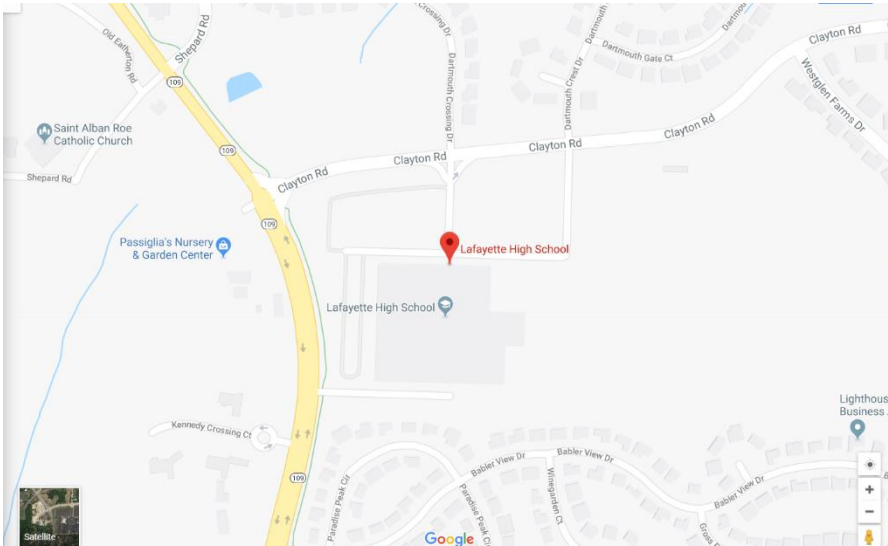
Color belts must follow a set routine. Black belts will create a unique routine.

Competitors MUST purchase their own boards. You will be given up to three chances for each break.

Age	Belt			
	White, Yellow, Orange, Green (Beginner)	Blue, Purple, Brown, High Brown (Intermediate)	Red, High Red, Rec Black, Temp Black (Advanced)	Black Belt (All Ranks)
4-6	3 Boards 1. Hammer Fist 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	4 Boards 1. Knife Hand 2. Hammer Kick (Axe Kick) 3. Sliding Side Kick 4. Jumping Front Snap Kick	5 Boards 1. Palm Punch 2. Knife Hand 3. Back Kick 4. Spinning Heel Kick 5. Jumping Front Snap Kick	5 Board Freestyle
7-9	3 Boards 1. Hammer Fist 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	4 Boards 1. Knife Hand 2. Hammer Kick (Axe Kick) 3. Sliding Side Kick 4. Jumping Front Snap Kick	5 Boards 1. Palm Punch 2. Knife Hand 3. Back Kick 4. Spinning Heel Kick 5. Tornado Roundhouse Kick	
10-13				
14-17				
18-32				
33+				
Breaking Pattern	Judges Table 	Judges Table 	Judges Table 	

Map and Directions

Lafayette High School
17050 Clayton Road
Wildwood, MO 63011



From I-70 (East or West):

Take I-270 South to 64/40 West.

Take Exit 19B (Rte 340/Clarkson Rd) and go south.

Go west on Clayton Rd.

The school will be on the left.

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