

Park's Martial Arts

Volume 26, Issue 11



Thanksgiving



November 2019

CALENDAR – NOVEMBER

- **Nov 2nd** – Master Kim's Cup Championship
- **Nov 9th** – Rehearsal Testing 12pm-1pm
- **Nov 16th** – All Belt Promotion Testing
- **Nov 23rd** – Black Belt Dan Testing @ 9am
Parkway Southwest Middle School
- **Nov 28th-Nov 30th** – **NO CLASSES**
Thanksgiving Holiday

STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

GRAND MASTER PARK

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has an 8th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hap Ki Do.

YOUNG PARK

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.

HALLOWEEN PARTY



The Annual Halloween Party was a huge success! We had a wonderful time with our students and their friends! Thank you to Grand Master Park and Miss Young, as well as the Instructors and Jr Leaders for a great night!

Master Kim's Cup Open Tae Kwon Do Championship



On **Saturday, November 2nd**, Master Kim will be hosting his annual Championship. No registration will be accepted after October 26th, 2019.

Due to the tournament, we will have no regular classes on Saturday, November 2nd.

Rehearsal Dan Testing

Rehearsal Testing for Black Belt Dan Testing will be held on **Saturday, November 9th, from 12pm-1pm** at the Clarkson Clayton school. This is a **mandatory** event for all students Dan Testing in November.

ALL BELT PROMOTION TESTING



Once again it is time for our students to advance in rank. Testing will be held on **Saturday, November 16th** at the Clarkson Clayton school.

9am- White, Yellow & Orange Belts

9:45am - Green, Blue & Purple Belts

10:30am - Brown, High Brown, Red & High Red Belts

11:15am - All Black Belt Credit

Grand Master Park and the Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Testing forms must be filled out and returned no later than **Wednesday, November 13th** in order to receive your belt on testing day. The Belt Ceremony will take place immediately after testing.

Due to testing there will be no regularly scheduled classes on Saturday, November 16th.

Winter Dan Testing

Black Belt Dan Testing is **Saturday, November 23rd**! Dan Testing will be held at Parkway Southwest Middle School and will begin at 9am.

Testing students: Remember to arrive early, wearing your full uniform. Don't forget to bring your boards!

We encourage everyone to come and support your classmates.

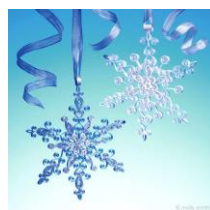
There will be no regularly scheduled classes on Saturday, November 23rd.

Thanksgiving



Park's Martial Arts will be closed **Thursday, November 28th – Saturday, November 30th** for the Thanksgiving holiday weekend. Spend time with your families, remember those things you are thankful for, and have a wonderful holiday!

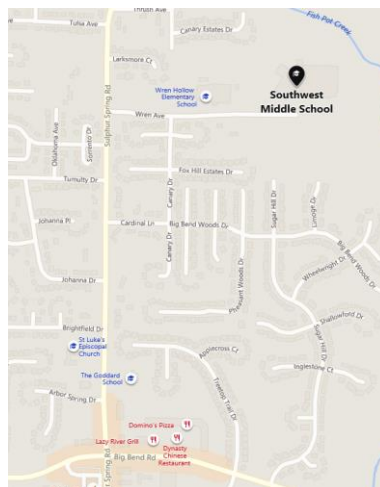
Thanksgiving is a holiday of food – so enjoy all your favorites and then spend some time outside with family and friends to keep yourself active over the break!



Holiday Ornaments

The Painted Chick will be offering taekwondo themed holiday ornaments for sale this holiday season. Order forms will be available soon.

We also offer gift certificates! Perfect for a holiday gift or stocking stuffer!



Parkway
Southwest
Middle School

701 Wren Ave,
Ballwin, MO 63021