

Park's Martial Arts

Volume 26, Issue 9



September 2019

CALENDAR - SEPTEMBER

- **Aug 31st – Sept 2nd – NO CLASSES**
Labor Day Holiday
- **Sept 14th – Black Belt Boot Camp @8:45am**
Bluebird Park
- **Sept 21st – All Belt Promotion Testing**

LOOKING AHEAD

- **Oct 26th – Halloween Party 6pm-7:30pm**
- **Nov 2nd – Master Kim's Cup Championship**
- **Nov 23rd – Black Belt Dan Testing @ 9am**
Parkway Southwest Middle School

STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

GRAND MASTER PARK

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has an 8th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hap Ki Do.

YOUNG PARK

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.



Park's Martial Arts will be closed **Saturday, August 31st - Monday, September 2nd** for the Labor Day Holiday. Enjoy these days off and spend some time with friends and family.

ALL BELT PROMOTION TESTING



Once again it is time for our students to advance in rank. Testing will be held on **Saturday, September 21st** at the Clarkson Clayton school.

9am- White, Yellow & Orange Belts

9:45am - Green, Blue & Purple Belts

10:30am - Brown, High Brown, Red & High Red Belts

11:15am - All Black Belt Credit

Grand Master Park and the Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Testing forms must be filled out and returned no later than **Wednesday, September 18th** in order to receive your belt on testing day. The Belt Ceremony will take place immediately after testing.

Due to testing there will be no regularly scheduled classes on Saturday, September 21st.

Winter Dan Testing

Our next opportunity for Black Belt Dan Testing will be **Saturday, November 23rd at 9am**. Testing forms are due no later than **Saturday, October 12th** in order to ensure you receive your belt on testing day.

Once you have turned in your testing form, you will receive a requirement packet. This packet has important information regarding required events, as well as a techniques checklist for you to keep yourself on track. Make sure to bring this packet with you to classes so that instructors can work with you on techniques and sign off on necessary tasks.

If you have any questions regarding Black Belt Dan Testing, please inquire at the front desk.

Black Belt Boot Camp

Black Belt Boot Camp is required for ALL Dan Testing students. Boot Camp will be held at Bluebird Park on **Saturday, September 14th @ 8:45am**. Black Belt Boot Camp lasts approximately one (1) hour.

If you have a scheduling conflict, you must speak to Miss Young as soon as possible to ensure you are able to test in November.

PRIVATE LESSONS

Park's Martial Arts offers private lessons for students that need some extra help, or simply wish to fine-tune their techniques. This can be a great way to prepare for Dan Testing or tournament competition as well! There is an extra charge for this service. Please inquire at the front desk if you are interested in booking private lessons.

Master Kim's Cup Open Tae Kwon Do Championship



We have a tournament opportunity coming up! On **Saturday, November 2nd**, Master Kim will be hosting his annual Championship. This tournament will be held

locally, at Ladue Middle School. It is open to all students from White to Black Belt. Competition events are: Form, Board Breaking, Sparring, Weapon, and Family Form. The cost during pre-registration is \$65 for one (1) or two events (2), with an additional \$10 fee for each added event. **After the pre-registration deadline of October 19th, the price increases to \$75 for one (1) or two (2) events, with an additional \$10 for each added event.** Late Registration deadline is Saturday, October 26th. ***Tournament registration forms and fees should be turned into Park's Martial Arts at the front desk.*** You can also purchase spectator admission at that time. This is a great chance to compete and to earn one of the required tournaments towards your black belt!

Keep Yourself Informed!

Important dates, changes, and announcements are all available online! Visit parksma.net to stay on top of everything going on at our school. You can also find us on Facebook @ParksMartialArtsSTL and Instagram @parks_ma_stl.