

# Park's Martial Arts

Volume 25, Issue 9



Fall



September 2018

## CALENDAR - SEPTEMBER

- **Sept 1<sup>st</sup> - 3<sup>rd</sup> – NO CLASS** – Labor Day Holiday
- **Sept 8<sup>th</sup> – All Belt Promotion Testing**

## LOOKING AHEAD

- **Oct 6<sup>th</sup> – Black Belt Boot Camp 8:45am @ Bluebird Park**
- **Nov 3<sup>rd</sup> – Black Belt Prep Class @ 12pm**
- **Nov 17<sup>th</sup> – Black Belt Prep Class @ 12pm**
- **Nov 30<sup>th</sup> – Rehearsal Dan Testing @ 7pm**
- **Dec 1<sup>st</sup> – Black Belt Dan Testing**

## STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

## GRAND MASTER PARK

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has an 8<sup>th</sup> degree Black Belt in Tae Kwon Do and a 4<sup>th</sup> degree Black Belt in Hap Ki Do.

## YOUNG PARK

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.



Park's Martial Arts will be closed Saturday, September 1<sup>st</sup> - Monday, September 3<sup>rd</sup> for the Labor Day Holiday. Enjoy these days off and spend some time with friends and family.

## ALL BELT PROMOTION TESTING



Once again it is time for our students to advance in rank. Testing will be held on Saturday, September 8<sup>th</sup> at the Clarkson Clayton school.

Testing for White, Yellow & Orange Belts will begin at 9am. Green, Blue & Purple Belts will test at 9:45am. Brown, High Brown, Red & High Red Belts begin at 10:30am. All Black Belt credit testing will begin at 11:15am.

Grand Master Park and the Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Testing forms must be filled out and returned no later than Wednesday, September 5<sup>th</sup> in order to receive your belt on testing day. The Belt Ceremony will take place immediately after testing.

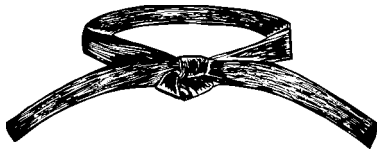
***Due to testing there will be no regularly scheduled classes on Saturday, September 8<sup>th</sup>.***

## Chicago Taekwondo Expo

Another tournament opportunity is coming up September 23<sup>rd</sup>! This tournament will be in Chicago, IL. Registration and information packets are available now at both schools.

Remember, three tournaments are required before testing for your black belt!

## BLACK BELT DAN TESTING



Attention Recommendation and Temporary Black Belts! The next Black Belt Dan Testing opportunity will be Saturday, December 1<sup>st</sup>. It is important to plan ahead for an important event such as this.

You may pick up a testing form from the front desk at either location. This testing form should be turned in no later than November 2<sup>nd</sup> to ensure you receive your belt at testing. Once you have turned in your testing form, you will receive a requirement packet. This packet has important information regarding required events, as well as a techniques checklist for you to keep yourself on track. Make sure to bring this packet with you to classes so that instructors can work with you on techniques and sign off on necessary tasks.

Please speak with Miss Young if you have any questions.

## Black Belt Boot Camp

Black Belt Boot Camp will be held Saturday, October 6<sup>th</sup> at Bluebird Park. Please meet no later than 8:45am so we can get started on time. ALL Dan Testing students are **required** to attend Boot Camp. If you have a scheduling conflict, please see Miss Young as soon as possible to ensure you are able to test in December.

## Black Belt Prep Classes

Preparation is important for a big event like Black Belt Dan Testing. To assist you we are offering Black Belt Prep Classes on Saturday, November 3<sup>rd</sup> and Saturday, November 17<sup>th</sup>, at 12pm at the Clarkson Clayton location. It is **recommended** that you attend at least one of these sessions to ensure you are ready for Dan Testing in December.

Dan Testing students will also need to attend Rehearsal Testing, Friday, November 30<sup>th</sup> at 7pm at the t

## Group Lessons

Attention Black Belt Dan testing students! Beginning in September, Grandmaster will be offering group lessons on Sundays. These lessons will be from 11am-12:30pm at the Clarkson Clayton school. The cost is \$30 per class.

Group lessons are available on the following days:

September 9, 16, 30

October 7, 14, 21, 28

November 4, 11, 18, 25

***Pre-registration is not required to attend group lessons.***