

Park's Martial Arts

Volume 25, Issue 8



Back to School



August 2018

CALENDAR - AUGUST

- **Sept 1st - 3rd – NO CLASS** – Labor Day Holiday
- **Sept 8th** – All Belt Promotion Testing
- **Dec 1st** – Black Belt Dan Testing

STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

GRAND MASTER PARK

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has an 8th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hap Ki Do.

YOUNG PARK

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.



Park's Martial Arts will be closed Saturday, September 1st - Monday, September 3rd for the Labor Day Holiday. Enjoy these days off and spend some time with friends and family.

ALL BELT PROMOTION TESTING



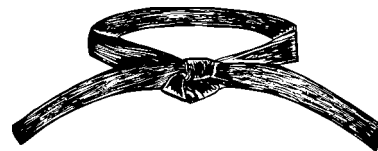
Once again it is time for our students to advance in rank. Testing will be held on Saturday, September 8th at the Clarkson Clayton school.

Testing for White, Yellow & Orange Belts will begin at 9am. Green, Blue & Purple Belts will test at 9:45am. Brown, High Brown, Red & High Red Belts begin at 10:30am. All Black Belt credit testing will begin at 11:15am.

Grand Master Park and the Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Testing forms must be filled out and returned no later than Wednesday, September 5th in order to receive your belt on testing day. The Belt Ceremony will take place immediately after testing.

Due to testing there will be no regularly scheduled classes on Saturday, September 8th.

BLACK BELT DAN TESTING



Attention Recommendation and Temporary Black Belts! The next Black Belt Dan Testing opportunity will be Saturday, December 1st. It is important to plan ahead for an important event such as this.

You may pick up a testing form from the front desk at either location. This testing form should be turned in no later than November 2nd to ensure you

receive your belt at testing. Once you have turned in your testing form, you will receive a requirement packet. This packet has important information regarding required events, as well as a techniques checklist for you to keep yourself on track. Make sure to bring this packet with you to classes so that instructors can work with you on techniques and sign off on necessary tasks.

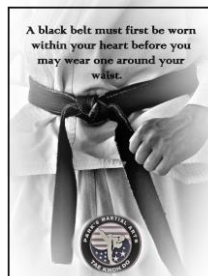
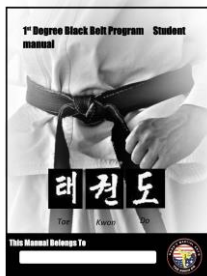
Please speak with Miss Young if you have any questions.

Stay tuned for additional important dates, such as the Black Belt Boot Camp and Prep Classes.

Keep Yourself Informed!

Important dates, changes, and announcements are all available online! Visit parksma.net to stay on top of everything going on at our school. You can also find us on Facebook @ParksMartialArtsSTL and Instagram @parks_ma_stl.

Black Belt Student Manuals



Beginning August 1, 2018, Black Belt Student Manuals will be available for purchase at both schools! These manuals contain information about Grandmaster Park, Tae Kwon Do and Hap Ki Do, Korea, and the black belt program, as well as information about the techniques, forms, and requirements for each color belt level. The price of the student manual is \$30.

CLARKSON CLAYTON SCHOOL
1334 CLARKSON CLAYTON CENTER
ELLISVILLE, MO 63011
636-227-3332



WWW.PARKSMA.NET

This is a great resource for all students!

Chicago Taekwondo Expo

Another tournament opportunity is coming up September 23rd! This tournament will be in Chicago, IL. Additional Information will be available soon.

PRIVATE LESSONS

Park's Martial Arts offers private lessons for students that need some extra help, or simply wish to fine-tune their techniques. This can be a great way to prepare for Dan Testing or tournament competition as well! There is an extra charge for this service. Please inquire at the front desk if you are interested in booking private lessons.

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