

2018 Park's Martial Arts

21st Annual Tae Kwon Do Championship



Sunday, April 29th, 2018

Events: Official Forms, Board Breaking, Sparring, Family Form

Where: Lafayette High School
17050 Clayton Road, Ellisville, MO 63011

Sponsored by Park's Martial Arts Academy
677 Big Bend Road, Manchester, MO 63021
1334 Clarkson Clayton Center, Ellisville, MO 63011

For more information call 636-227-3332
Or visit www.parksma.net

TOURNAMENT DIRECTOR

Grand Master Tae Hyen Park

Awards

1st, 2nd and 3rd place will be awarded in Official Forms, Board Breaking, Sparring and Family Form events.

Grand Championships are awarded in Official Forms, Board Breaking and Family Form competition for black belts in the 5-12 year old division and 13 & older division.

Requirements

All competitors must be students of an established school or club whose instructor holds the rank of at least 2nd Dan black belt.

Only official white or black Tae Kwon Do uniform will be allowed.

Free Sparring

A uniform, chest guard, mouthpiece, head gear, arm guards, shin guards and protective cup (for males) are required. Other safety equipment is optional but strongly recommended.

Board Breaking

Only wood boards are allowed in the board breaking competition. White-Purple Belts will break 3 boards, Brown-Red will break 4 boards, and High Red-Black Belts will break 5 boards. *Competitors **must** purchase approved boards at the tournament site. This is an additional charge beyond the registration cost.*

Schedule of Events	
Time Registration Opens 8am Black Belt (Referee) Meeting 8am <u>Meeting is mandatory for ALL black belts 16 & older</u> Black Belt Competition Begins 8:30am Color Belt Competition Begins 10am Opening Ceremonies and Masters Demonstration at 11:30am Competition Resumes 12:30pm Location Lafayette High School 17050 Clayton Road Wildwood, MO 63011	Registration must be postmarked by April 7, 2018 Pre-Registration Entry Fees \$55 – one event, \$65 – two events, \$75 – three events, \$85 – four events On or after April 7, 2018 \$65 – one event, \$75 – two events, \$85 – three events, \$95 – four events General Admission \$5 per adult, \$3 per child (5 and under free) At the door - \$7 per adult, \$5 per child (5 & under free) Please pay cash or check to Park's Martial Arts

Schedule & Divisions

Time	Ring	Rank	Age
8:00 AM	Doors Open/Registration Begins		
8:00 AM ~ 8:30 AM	Black Belt/Referee Meeting (Ages 16+)		
8:30 AM ~ 10:00 AM	All Black Belt Competition (Forms, Breaking, Sparring)		
	Ring #1	All Ranks	8 Year Old & Under
	Ring #2	All Ranks	9-10 Year Old
	Ring #3	All Ranks	11-12 Year Old
	Ring #4	All Ranks	13-14 Year Old
	Ring #5	All Ranks	15-19 Year Old
	Ring #6	All Ranks	20 Year Old & Over
10:00 AM ~ 11:30 AM	Color Belt Competition (Forms, Breaking, Sparring)		
	Ring #1	Beginner	5 Year Old & Under
	Ring #2	Intermediate	5 Year Old & Under
	Ring #3	Advanced	5 Year Old & Under
	Ring #4	Beginner	6-8 Year Old
	Ring #5	Intermediate	6-8 Year Old
	Ring #6	Advanced	6-8 Year Old
11:30 AM ~ 12:00 PM	Opening Ceremony/Masters Demonstration		
12:00 PM ~ 12:30 PM	Lunch Break		
12:30 PM ~ 1:00 PM	Family Form Competition		
1:00 PM ~ 2:30 PM	Color Belt Competition (Forms, Breaking, Sparring)		
	Ring #1	Beginner	9-10 Year Old
	Ring #2	Intermediate	9-10 Year Old
	Ring #3	Advanced	9-10 Year Old
	Ring #4	Beginner	11-12 Year Old
	Ring #5	Intermediate	11-12 Year Old
	Ring #6	Advanced	11-12 Year Old
2:30 PM ~ 4:00 PM	Color Belt Competition (Forms, Breaking, Sparring)		
	Ring #1	Beginner	13-14 Year Old
	Ring #2	Intermediate	13-14 Year Old
	Ring #3	Advanced	13-14 Year Old
	Ring #4	All Ranks	15-16 Year Old
	Ring #5	All Ranks	17-19 Year Old
	Ring #6	All Ranks	20 Year Old & Over

Times are approximate and may vary depending on the flow of the tournament.

Belt Ranks:

Beginner – White, Yellow, Orange, Green (or equivalent)

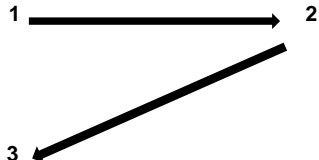

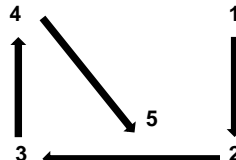
Intermediate – Blue, Purple, Brown, High Brown (or equivalent)

Advanced – Red, High Red, Rec Black, Temp Black (or equivalent)

Board Breaking Divisions

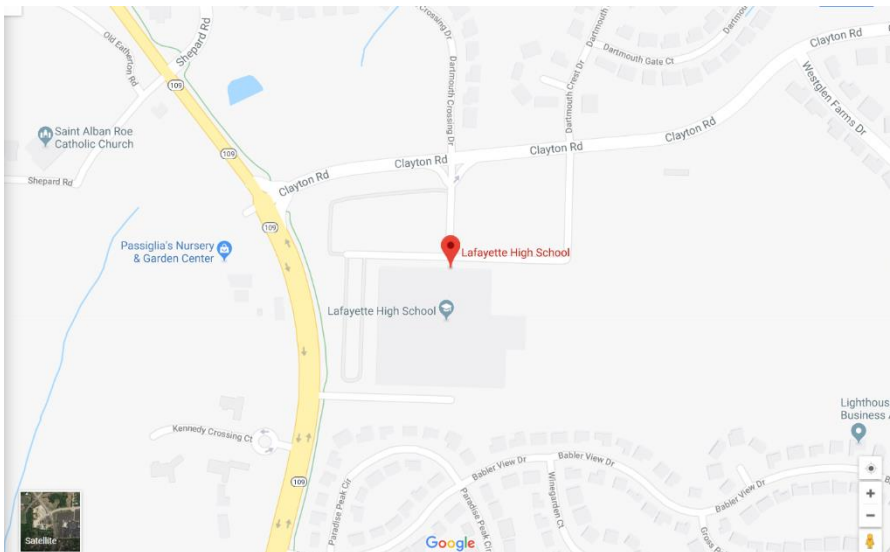
Color belts must follow a set routine. Black belts will create a unique routine.

Competitors MUST purchase their own boards. You will be given up to three chances for each break.

Age	Belt				
	White, Yellow, Orange	Green, Blue, Purple	Brown, High Brown, Red	High Red, Rec Black, Temp Black	Black Belt
4-6	3 Boards 1. Hammer Fist 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	3 Boards 1. Punch 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	4 Boards 1. Knife Hand 2. Hammer Kick (Axe Kick) 3. Sliding Side Kick 4.Jumping Front Snap Kick	5 Boards 1. Palm Punch 2. Knife Hand 3. Back Kick 4. Spinning Heel Kick 5. Jumping Front Snap Kick	5 Board Freestyle
7-9	3 Boards 1. Hammer Fist 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	3 Boards 1. Punch 2. Front Snap Kick 3. Hammer Kick (Axe Kick)	4 Boards 1. Knife Hand 2. Hammer Kick (Axe Kick) 3. Sliding Side Kick 4.Jumping Front Snap Kick	5 Boards 1. Palm Punch 2. Knife Hand 3. Back Kick 4. Spinning Heel Kick 5. Tornado Roundhouse Kick	
10-13					
14-17					
18-32					
33+					
Breaking Pattern	Judge Table 		Judge Table 		Judge Table 

Map and Directions

Lafayette High School
17050 Clayton Road
Wildwood, MO 63011



From I-70 (East or West):

Take I-270 South to 64/40 West.

Take Exit 19B (Rte 340/Clarkson Rd) and go south.

Go west on Clayton Rd.

The school will be on the left.

From 64/40 (East or West):

Take Exit 19B (Rte 340/Clarkson Rd) and go south.

Go west on Clayton Rd.

The school will be on the left.