

# P A R K ' S M A R T I A L A R T S

Volume 24, Issue 6

Summer

June 2017

## CALENDAR – JUNE



- **May 30<sup>th</sup> – June 2<sup>nd</sup>:** TKD Half-Day Camp starts 9:00 a.m. to 12:00 p.m.
- **June 3<sup>rd</sup>:** All Belt Promotional Testing
- **June 12<sup>th</sup> – June 16<sup>th</sup>:** TKD Summer Day Camp starts 9:00 a.m. to 3:30 p.m.

## STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions to anyone on our staff.

### Grand Master Park

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has a 8<sup>th</sup> degree Black Belt in Tae Kwon Do and a 4<sup>th</sup> degree Black Belt in Hapkido.

### Young Park

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.

## OLD BUSINESS

### Grand Champions



**Congratulations** to all of our students who competed at our annual tournament! We want to acknowledge and congratulate two of our black belts who won the

Grand Champion in black belt events: **Nikhil Boddu, and Ty Knight**. We are proud of all of you, and wish to see you all continue to grow and progress in the martial art of Taekwondo! Train hard and keep improving, and perhaps next year you may be the one taking home the Grand Champion!

## THANK YOU



for all of the volunteers and the staff for their time and effort on making the tournament such a success! PMA would not be able to host a tournament without the hard work of our volunteers and staff. This year we had about 380 competitors along side with about 380 guests who all came. Thank you again!

## NEW BUSINESS

### Promotion Testing



Do you have all four of your testing stripes? Have you memorized your forms? Are you ready to test for your next rank? Another testing opportunity approaches! Promotional testing will be **Saturday, June 3<sup>rd</sup> at the Clarkson Clayton school.**

### Promotional Testing Times:

9:00 a.m.	White-Orange Belts
9:45 a.m.	Green-Purple Belts
10:30 a.m.	Brown-High Red Belts
11:15 a.m.	Black Belts

**Testing students are required to wear their full, formal uniform to testing. There will be no regularly scheduled classes on June 3<sup>rd</sup>.**

### ***Tae Kwon Do Half-Day TKD Camp Beyond Summer Camp***



Park's Martial Arts offers Tae Kwon do half-day camp. It will be starts on Tuesday, May 30<sup>th</sup> - Friday, June 2nd, from 9 AM to 12 PM .The cost of half day TKD camp is \$89 for first camper, the 2nd camper is \$69. Students are able to sign up now, and forms will be available at the front desk. Be sure to mark your calendars!

### ***Tae Kwon Do Summer Day Camp***



**On June 12<sup>nd</sup> to June 16<sup>th</sup>** Tae Kwon Do Summer Day Camp starts. Spend a week learning the secrets of Tae Kwon Do. It will be from 9 AM to 3:30 PM, and we will have special events such as bowling, Korean language class and much more. The fee is \$189 per camper. The second camper is just \$159. Be sure to mark your calendars!

### ***Women empowering women...***



Thirteen years ago, I enrolled my two sons at Park's Martial Arts Academy. Little did I know then that this school would become such an important part of my life. After six months of watching my boys practice three times a week while I sat reading magazines, I decided that perhaps I could get a workout at the same time. So I began. We enjoyed classes together and tournaments. My boys especially loved correcting my forms. Years passed and their interests changed. Now they are in college and I am still at Parks and enjoying it more ever!!

I never imagined that at 55 years old, I would be so committed to this sport. We have a tremendous group of women meeting Monday and Wednesday mornings 10- 11 AM in Clarkson Clayton. We are all in our 50s but welcome younger and older blood! Its never to late to exercise and I an attest to the benefits. Working on balance, memorization is a blast!! We support each other and laugh with each other and yes, ever test together at times. Any level is welcome and whatever condition you are in is just fine. We all start somewhere and we'd love to see new faces!

Come join us for fun and fitness!

**DON'T FORGET! Even though school might be out, we have Tae Kwon Do classes 6 days a week. Good attendance is part of being a True Tae Kwon Do Student. Make Tae Kwon Do part of your day!**