## Park's Martial Arts

Volume 24, Issue 4 Spring April 2017

#### Calendar

- Saturday, April 1<sup>st</sup> All Belts Promotional Testing starts @ 9:00 AM
- Sunday, April 9<sup>th</sup> World Martial Arts Classic Spring Championship in Wisconsin
- > Saturday April 15<sup>th</sup>
  - 8:45-9:45 a.m. Black Belt Bootcamp @
     Bluebird Park
  - 12:00 1 p.m. Black Belt Prep Class @
     Clarkson Clayton
- Friday, April 21<sup>st</sup> 7:00 PM 8:00 PM
   Rehearsal for Dan (degree) testing students @
   Clarkson Clayton
- Saturday, April 22<sup>nd</sup> Black Belt Dan Testing begins 9:00 AM @ Clarkson Clayton
- ➤ Saturday, April 29<sup>th</sup> 1 3 p.m. Board Breaking Seminar @ Clarkson Clayton
- Saturday, May 13<sup>th</sup> Park's Martial Arts 20th Annual Taekwondo Championship @ Lafayette High School

## Staff

#### **Grand Master Park**

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Master Park has a 8<sup>th</sup> degree Black Belt in Tae Kwon Do and a 4<sup>th</sup> degree Black Belt in Hap ki do.

#### **Young Park**

Grand Master Park's wife and office manager for the school, Young can answer any of your questions concerning the operations of the academy.

### **New Business**

## **Promotion Testing**



Do you have all four of your testing stripes? Have you memorized your forms? Are you ready to test for your next rank? Another testing opportunity approaches! Promotional testing will be **Saturday**, **April 1**<sup>st</sup>.

### **Promotional Testing Times:**

9:00 a.m. White-Orange Belts

9:45 a.m. Green-Purple Belts

10:30 a.m. Brown-High Red Belts

11:15 a.m. Black Belts

<u>Testing students are required to wear their full,</u> formal uniform to testing. There will be no regularly scheduled classes on April 1<sup>st</sup>.

## Black Belt Bootcamp and Prep Class

Saturday April 15<sup>th</sup>, we will have our Black Belt Bootcamp in the morning from at 8:45 to 9:45 a.m. at Bluebird Park. Students should wear comfortable running clothes and shoes.

In the afternoon, from 12 to 1 p.m., we will have a Black Belt Prep Class for all students testing on April 1<sup>st</sup>. Be sure to wear your uniform, and bring your testing packet with you.

## **Black Belt Dan Promotion Testing**

The Black Belt Dan (degree) testing is <u>April 22<sup>nd</sup> at 9:00</u> <u>AM at Clarkson Clayton location</u>. There will be a <u>mandatory Black Belt rehearsal on Friday, April 21<sup>st</sup> at 7:00 PM</u> Clarkson Clayton location.

## PARK'S Martial Arts 20<sup>th</sup> Annual Tae Kwon Do Championship



On May 13<sup>th</sup>, 2017, Park's Martial Arts will host the 20th Annual Open Tae Kwon Do Championship, which is held at Lafayette High School. The competition is open to all students with the rank of White Belt through Black Belt. All 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners from each division will receive beautiful medals. This tournament will help promote the spirit of the Martial Arts, and will renew students' enthusiasm for the arts.

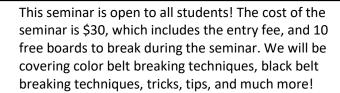
Please return the entry form as soon as possible so that our Instructors can help students perfect their form and practice for breaking. Remember, there is sparring class at Clarkson every Wednesday at 7:00 PM. We hope to see you all at the tournament.

## **Board Breaking Seminar**



Park's Martial Arts will be hosting a Board Breaking Seminar on <u>Saturday</u>, <u>April 29<sup>th</sup></u>, <u>from 1 p.m. to 3 p.m.</u>

Clarkson Clayton School 1334 Clarkson Clayton Center Ellisville, MO 63011 636-227-3332



#### **Private Lessons**

Need some extra preparation for the upcoming tournament? Or maybe you want some extra practice for the upcoming Black Belt Dan testing? Private lessons are a great way to make great improvements quickly! Get personal instruction for Master Nathan, a seven-time tournament Grand Champion.

# Tae Kwon Do Half-Day TKD Camp Beyond Summer Camp

Park's Martial Arts offers Tae Kwon do half-day camp. It will be starts on Tuesday, May 20- Friday, June 2nd, from 9 AM to 12 PM. The cost of half day TKD camp is \$89 for first camper, the 2nd camper is \$69. Students are able to sign up now, and forms will be available at the front desk. Be sure to mark your calendars!

## Tae Kwon Do Summer Day Camp



On June 12<sup>nd</sup> to June 16<sup>th</sup> Tae Kwon Do Summer Day Camp starts. Spend a week learning the secrets of Tae Kwon Do. It will be from 9 AM to 3:30 PM, and we will have special events such as bowling, Korean language class and much more. Grand Master Park will head the staff. The fee is \$189 per camper. The second camper is just \$159. Be sure to mark your calendars!



Big Bend School 667 Big Bend Rd. Manchester, MO 63021 636-230-5667