

P A R K ' S M A R T I A L A R T S

Volume 23, Issue 3

Spring

March 2016

CALENDAR – MARCH

- **March 19th**- All Belt Promotion Testing begins 9AM @ Clarkson/Clayton
- **April 8th** - Rehearsal Testing: 7 PM – 8:00 PM @ CC location
- **April 9th** - Black Belt Dan Testing: 9 AM @ Clarkson/Clayton
- **April 23rd** - Park's Martial Arts Annual Tae Kwon Do Championship @ Lafayette High School.

STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

Grand Master Park

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Master Park has a 8th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hapkido.

Young Park

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.

NEW BUSINESS

All Belt Promotion Testing



It's time for Rank (belt) Advancement testing. Testing will be held on Saturday, March 19th for all belts. White/Yellow/Orange belts testing will start at 9am. Green/Blue/Purple belts testing will start at 9:45 am. Brown/High Brown/Red belt testing will begin at 10:30 am. High Red and Black Belts credit testing will start at 11:00 am. Please remember your current belt rank which is the testing time that you will attend. Grand Master Park and Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Students who have received all 4 stripes are ready for testing. All testing will take place at the Clarkson/Clayton location. Testing students should wear full uniforms at testing day.

(Remember: There are no scheduled classes at both locations)

PARK'S MARTIAL ARTS 19TH ANNUAL TAE KWON DO CHAMPIONSHIP



On April 23rd, 2016, Park's Martial Arts will host the 19th Annual Open Tae Kwon Do Championship, which is held at Lafayette High School. The competition is open to all students with the rank of White Belt through Black Belt. All 1st, 2nd, and 3rd place winners from each division will receive a beautiful trophy. This tournament will help promote the spirit of the Martial Arts, and will renew students' enthusiasm for the arts. We hope students feel an even greater love for the arts after they attend. There are four events in which you

may compete in: Forms, sparring, and board breaking, and family forms. **Before April 15th**, the cost is \$65.00 for one/two event, \$75 for three events, and \$85 for four events. **After April 15th**, the cost is \$75 for one/two event, \$85 for three events, and \$95 for four events. Boards must be purchased at the tournament for a small fee. Please return the entry form as soon as possible so that Grand Master Park and our Instructors can help students perfect their form and practice for breaking. Remember, there is sparring class at Clarkson every Wednesday at 7:00 PM. We hope to see you all at the tournament.

Board for sale

In the month of March & April, you can purchase practice boards @ Park's. Please bring in your purchased board to class, so that the Instructors can help you practice your breaking techniques. Adult board is \$2, children board is \$ 1.50 each.

Black Belt Dan Promotion Testing



The Black Belt Dan (degree) testing is on April 9th, 2016. If you plan to test, please bring the necessary paperwork in to the office 2 months before testing. If you have not already turned in your paperwork, please see Miss Young as soon as possible. Those students testing for Degree (Dan) Black Belt should have their packet with them at each class they attend, so that Instructors may be work the on

testing requirements with them.

Tae Kwon Do Summer Day Camp



On June 13th to June 17th Tae Kwon Do Summer Day Camp starts. Spend a week learning the secrets of Tae Kwon Do. It will be from 9 AM to 3:30 PM, and we will have special events such as a swimming party, bowling, Korean language class and much more. The fee is \$189 per camper. The second camper is just \$159. Be sure to mark your calendars!

Private Lessons

Need some extra preparation for the upcoming tournament? Want to place first place in forms? Have questions about your breaking pattern? Or maybe you want some extra practice for the upcoming Black Belt Dan testing? Private lessons are a great way to make great improvements quickly! Get personal instruction for Master Nathan, a seven-time tournament Grand Champion. Talk to Miss Young today about scheduling a private lesson

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