A STARTIAL PROVIDE AND A START		Park's Martial Arts Tae Kwon Do & Hapkido Class Schedule Big Bend			g g g g g g g g g g g g g g g g g g g	
Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10:00 AM 10:50AM						Class at Clarkson school only
11:00 AM 11:50 AM						All Belt
4:30 PM 5:05 PM			Little Tiger <u>4 -7 years</u>		Little Tiger <u>4 -7 years</u>	1:00-2:30 Birthday Parties Available
5:30 PM 6:15 PM	Children All Belt	All Belt	Children All Belt	All Belt	All Belt	
6:30 PM	All Belt	All Belt	All Belt	Rec Black &		

Little Tiger—Classes are for children 4-7 years old.

> Children—Classes are designed for children 7 years old to 13 years old of any belt level.

**Family**—Classes are designed for people who attend with another member of their family.

- > All Belts—Classes are for adults and children of any belt and skill level.
- > Advanced—Classes are for adults and children of Brown belts and above.
- > Black Belt—Classes are for Recommendation Black Belts and Black Belts only.

> Olympic Style Sparring—Classes are Green belts & above. Bring sparring gears.

## Effective August 2015

**Black Belt** 

Big Bend & Sulphur Springs 677 Big Bend Rd. Manchester, MO 63021 (636) 230-5667

7:20 PM

Clarkson Clayton 1334 Clarkson Clayton Center Ellisville, Mo 63011 (636) 227-3332