Ref S MARTIAL PAR		Park's Martial Arts Tae Kwon Do & Hapkido Class Schedule Big Bend			AND RTIAL PR	
Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10:00 AM 10:50AM						Rec. Black & Black Belt
11:00 AM 11:50 AM						All Belt
4:30 PM			Little Tiger		Little Tiger	
4.30 PM 5:05 PM			<u>4 -7 years</u>		<u>4 -7 years</u>	
5:30 PM 6:15 PM	Children All Belt	All Belt	Children All Belt	All Belt	All Belt	1:00-2:30 Birthday Parties Available
6:30 PM 7:20 PM	All Belt	All Belt	All Belt	Rec. Black & Black Belt		

Little Tiger—Classes are for children 4-7 years old.

> Children—Classes are designed for children 7 years old to 13 years old of any belt level.

> All Belts—Classes are for adults and children of any belt and skill level.

**Black Belt**—Classes are for Recommendation Black Belts and Black Belts only.

> Olympic Style Sparring—Classes are Green belts & above. Bring sparring gears. (available at CC location)

## Effective July, 2015

Big Bend & Sulpher Springs 677 Big Bend Rd. Manchester, MO 63021 (636) 230-5667 Clarkson Clayton 1334 Clarkson Clayton Center Ellisville, MO 63011 (636) 227-3332