PARK'S MARTIAL ARTS

Volume 22 Issue 7 Summers July 2015

CALENDAR-JULY



- July 3rd & July 4th Independence Day School is closed for the holiday. Have a safe & nice 4th of July.
- > August 1st- Kid Movie & TKD Day
- August 29th: Black Belt Dan testing starts on 9:00 AM

Staff

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

Grand Master Park

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Grand Master Park has an 8^{th} degree Black Belt in Tae Kwon Do and a 4^{th} degree Black Belt in Hapkido.

YOUNG PARK

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.

NEW BUSINESS

New Class forming at Big Bend location



There are new class times for the Big Bend School. Please be aware of this new schedule by picking up the class schedule at the front desk or by looking at the back bulletin board. The new times will start on July 1st.

Kid Movie Party & Tae Kwon Do Day



Come and join us for a movie party and Tae Kwon Do day on Saturday, August 1st from 5:30 PM to 9:00 PM @ Clarkson Clayton location. We will have teamwork and leadership activities for the students and friends. We will also teach how to build self-confidence from martial arts. The fee is \$20 for each child to cover pizza and drinks, and also their guest will be free. Remember to sign up quick because of limited space.

Black Belt Dan Promotion Testing



Promotional Dan Testing will be held on <u>Saturday</u>, <u>August 29th at</u> the Clarkson Clayton location. Testing will begin promptly at 9:00 AM. Everyone is invited to come and watch our Black Belt advancements.

Promotion Testing



Once again, it's time for our students to advance in rank. Testing will be on Saturday, August 15th the Clarkson Clayton location.

- White, Yellow, Orange Belt testing will start at 9:00AM.
- Green, Blue, Purple Belts will start at 9:45AM.
- Brown, High Brown, Red Belt will start at 10:30AM.
- High Red & Black Belt credit testing will start at 11:00 AM.

Grand Master Park and the Instructors will award stripes to those students who have displayed the skills and endurance for their current rank.

Testing form must be filled out and returned with the testing fee by August 12th.

We are also having a belt ceremony right after testing (same day). If you do not bring the testing form by Wednesday August 12th, you will get the belt at a later date. If you are not ready for advancement, there will be another promotional testing offered in eight to nine weeks. Students should wear regular uniforms on testing day. (*Due to testing, there will be no regularly scheduled classes on August 15th*)

All testing will take place at the Clarkson/Clayton location.

Summer time Safety



Now summer is here, be sure to use precautions against sunburn. Stay out of the sun during the mid day, use plenty of sunscreen, and be sure to wear protective clothing to keep the sun off of your skin!