

2015 Park's Martial Arts Tae Kwon Do Open Championship



Saturday, March 28th, 2015

Events: Form, Breaking, Sparring, Family Form

Where: Lafayette High School

17050 Clayton Road, Wildwood, MO 63011

Park's Martial Arts Academy

677 Big Bend Rd, Manchester, MO 63021

1334 Clarkson Clayton Rd, Ellisville, MO 63011

More information call 636-227-3332

Visit: www.parksma.net

TOURNAMENT DIRECTOR Grand Master Tae Hyen Park

Awards

1st, 2nd, and 3rd places are awarded in the form, board breaking, free sparring, Family Form events.

Grand Championships are awarded in form & Breaking competition for black belt 5-12 years' old divisions, 13 & over division.

Requirements

All competitors must be students of an established school or club whose instructor holds the rank of at least 2nd Dan Black Belt.

Uniform- Only official White or Black colored Tae Kwon Do uniform is allowed.

Free Sparring

A uniform, chest guard, protective cup, mouthpiece, headgear, arm guards and shin guards are required. Other safety equipment is optional but strongly recommended.

Board Breaking

Only wood boards are allowed in board breaking competition. A maximum of 3 boards for white to Purple belts, 4 board for Brown, High Brown and Red belts, 5 board for High Red to Black belts. Competitors must purchase approved boards at the tournament site.

Schedule of Events	
<p style="text-align: center;">Time</p> <p>Registration 8:30 AM Black Belt (Referee) meeting: 9:00 AM <u>Meeting is Mandatory for all Black Belts who are competing in sparring</u></p> <p>Opening Ceremonies & Demo team demonstration: 10:00 AM Competition: 10:30 AM</p> <p style="text-align: center;">Location</p> <p>Lafayette High School 17050 Clayton Road Wildwood, MO 63011</p> <p style="text-align: center;">Pre-Registered Entry Fees</p> <p>\$65 for one or two events/\$75 for three events, \$85 for four events Must be postmarked by March 20th, 2015</p>	<p>On or after March 20th, 2015</p> <p>\$75 for one or two events/ \$85 for three events \$95 for four events</p> <p>Type of Competition</p> <p>-Form -Breaking - Sparring -Family Form</p> <p>General Admission:</p> <p>Free admission</p> <p style="text-align: center;">Please pay cash or check to Park's Martial Arts</p>

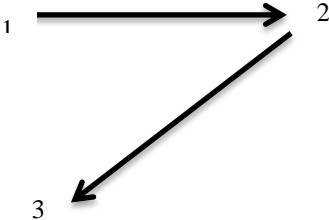
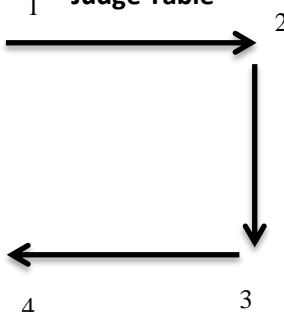
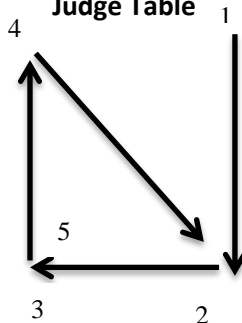
Rank(Belt)	Free Sparring			Form
	Category: Men (Ages 17 - 34)			
Black Belt	Light	Middle	Heavy	1st & 2nd Dan 3rd & Up
Red/Brown	Light		Heavy	ALL
Blue	Light		Heavy	ALL
Green	Light		Heavy	ALL
Yellow/Orange	Light		Heavy	ALL
White	Light		Heavy	ALL
	Category: Women (Ages 17 - 29)			
Black Belt			ALL	ALL
Advanced			ALL	ALL
Intermediate			ALL	ALL
Beginner			ALL	ALL
	Category: Seniors			
Men (35 and older)	Beginner	Advanced	Black	Beginner Advanced Black
Women (30 and older)	Beginner	Advanced	Black	Beginner Advanced Black
	Category: 16 and under			
Ages 15-16				
Black Belt	Boys		Girls	ALL
Advanced	Boys		Girls	ALL
Intermediate	Boys		----	ALL
Beginner	Boys		Girls	ALL
Ages 13-14				
Black Belt	Boys	(Lt/Hvy)	-----	ALL
Advanced	Boys	(Lt/Hvy)	Girls	ALL
Intermediate	Boys	(Lt/Hvy)	-----	ALL
Beginner	Boys	(Lt/Hvy)	Girls	ALL
Ages 11-12				
Black Belt	Boys	(Lt/Hvy)	-----	ALL
Advanced	Boys	(Lt/Hvy)	Girls	ALL
Intermediate	Boys	(Lt/Hvy)	-----	ALL
Beginner	Boys	(Lt/Hvy)	Girls	ALL
Ages 9-10				
Black Belt	Boys	(Lt/Hvy)	-----	ALL
Advanced	Boys	(Lt/Hvy)	Girls	ALL
Intermediate	Boys	(Lt/Hvy)	-----	ALL
Beginner	Boys	(Lt/Hvy)	Girls	ALL
Ages 7-8				
Black Belt	Boys		-----	ALL
Advanced	Boys		Girls	ALL
Intermediate	Boys		-----	ALL
Beginner	Boys		Girls	ALL
6 Years of age and under				
Advanced	Boys		Girls	ALL
Intermediate	Boys		-----	ALL
Beginner	Boys		Girls	ALL
Beginner- White, Yellow, Orange, Green				
Intermediate- Blue, Purple, Brown, High Brown				
Advanced- Red, High Red, Recommendation Black, Temp Black				
Black Belt				

Note: Additional divisions can be made by size and weight as needed by tournament officials. Each form, board breaking, and free sparring event will award first, second and third place trophy.

Board Breaking Divisions

Color belts follow direction, but Black belts do their own routine.

(You have to buy own boards. There are three chances for each breaking)

Age	Belt				
	White, Yellow, Orange	Orange, Green, Blue, Purple	Brown, High Brown, Red	High Red, Rec. Black, Temp Black	Black Belt
4-6	3 Board 1. Hammer fist 2. Front snap kick 3. Hammer kick	3 Board 1. Knife hand 2. Front snap kick 3. Hammer kick	4 Board 1. Knife hand 2. Roundhouse kick 3. Sliding side kick 4. Jumping front snap kick	5 Board 1. Punch 2. Knife hand 3. Back kick 4. Spinning hill kick 5. Round house kick	5 Board Free style
7-9	3 Board	3 Board	3 Board	5 Board	
10-13	1. Palm Punch	1. Knife hand	1. Knife hand	1. Punch	
14-17	2. Hammer	2. Hammer Kick	2. Round house kick	2. Knife hand	
18-32	3. Front snap kick	3. Front snap kick	3. Sliding side kick	3. Back kick	
33 & up	3. Front snap kick		4. Jumping front snap kick	4. Spinning hill kick	
Breaking Order	<div>Judge Table</div> 		<div>Judge Table</div> 		<div>Judge Table</div> 

Map and Directions

**Lafayette High School
17050 Clayton Road
Wildwood, MO 63011**

From 70 go 270 South, go 40 West then left on Clarkson, right on Clayton Rd. School is on the left.



**From 40 East go left on Clarkson, right on Clayton Rd.
(About 3 miles up the road) School will be on the left.**