

P A R K ' S M A R T I A L A R T S

Volume 21, Issue 3

Springs

March 2014

CALENDAR – MARCH

- March 22nd - Black Belt Dan testing boot camp starts @ 9 AM
- March 29th - Park's Martial Arts Annual Tae Kwon Do Championship @ Lafayette High School.
- April 5th – World Martial Arts TKD Championship in Wisconsin
- April 12th – All Belt Promotion Testing begins at 9 AM @ Clarkson/Clayton

STAFF

Our staff is here to help you on your journey to becoming a Black Belt. Please feel free to ask questions of anyone on our staff.

Grand Master Park

Grand Master Park is the three times Tae Kwon Do Korean National Champion. Master Park has a 7th degree Black Belt in Tae Kwon Do and a 4th degree Black Belt in Hapkido.

Young Park

Grand Master Park's wife and office manager, Young can answer any of your questions concerning the operations of the academy.

OLD BUSINESS



Congratulation to all 8 new master instructors of Tae Kwon Do- Carson Bettendorf, Aarti Bala, Joe Beirne, Nathan Loseke, Anthony Muscarella, Lisa Mella, Ruben Mella, Rao Vallabeneni . They were training Tae Kwon Do at least 12 years @ Park's Martial Arts.

PARK'S MARTIAL ARTS 17TH ANNUAL TAE KWON DO CHAMPIONSHIP



On March 29th 2014, Park's Martial Arts will host the 17th Annual Open Tae Kwon Do Championship, which is held at Lafayette High School. The competition is open to all students with the rank of White Belt through Black Belt. All 1st, 2nd, and 3rd place winners from each division will receive a beautiful trophy. This tournament will help promote the spirit of the Martial Arts, and will renew students' enthusiasm for the arts. We hope students feel an even greater love for the arts after they attend. There are three events in which you may compete in: Forms, sparring, and board breaking. **Before March 21st**, the cost is \$65.00 for one/two event, \$75 for three events. **After March 21st**, the cost is \$75 for one/two event, \$85 for three events. Boards must be purchased at the tournament for a small fee. Please return the entry form as soon as possible so that Grand Master Park and our Instructors can help students perfect their form and practice for breaking. Remember, there is sparring class at Clarkson every Wednesday at 7:00 PM. We hope to see you all at the tournament.

Board for sale

Month of March, you can purchase board @ Park's. Please bring in your purchased board to class, so that the Instructors can help you practice your breaking techniques. Adult board is \$2, children board is \$ 1 each.

Promotion Testing



It's time for Rank Advancement. Testing will be held on Saturday, April 12th. (White through High Red Belts). White/Yellow/Orange belts testing will begin at 9:00 am. Green/Blue/ Purple belts testing will begin at approximately 9:45 am. Brown/ High Brown/Red belts will test at 10:30 am. High Red/ Black Belt credit will be test at 11:15 AM. Grand Master Park and Park's Instructors will award stripes to those students who have displayed the skills and endurance for their current rank. Testing forms must be filled out and returned with the testing fees no later than April 9th, 2014. The Belt Ceremony will take place directly after testing.

Due to testing there will be no regularly scheduled classes on Saturday, April 12th

Black Belt Dan Promotion Testing



The Black Belt Dan (degree) testing is on April 26th, 2014. If you plan to test, please bring the necessary paperwork in to the office 2 months before testing. Those students testing for Degree (Dan) Black Belt should have their packet with them at each class they attend, so that Instructors may be work the on testing requirements with them.

Coming in April...

- April 5th- Wisconsin Tae Kwon Do Championship
- April 11th: Rec. Black Belt & Tem. Black belt Prep class 7:00 -8:00 PM @ CC location
- April 25th - Rehearsal Testing:7 PM – 8:00 PM @ CC location
- April 26th- Black belts Dan Testing: 9 AM