

Park's Martial Arts

Tae Kwon Do & Hap ki do Class Schedule



Clarkson Clayton

Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10:00 AM 10:50 AM	All Belt		All Belt			Rec. Black & Black Belt
11:00 AM 11:50 AM						All Belt
4:30 PM 5:05 PM		Little Tiger <u>4 -7 years</u>		Little Tiger <u>4 -7 years</u>		
5:15 PM 6:00 PM	Children All Belt	All Belt	Children All Belt	Advanced (Brown & above)	Children All Belt	1:00-2:30 PM Birthday
6:10 PM 7:00 PM	All Belt	Family Members All Belt	All Belt	All Belt	All Belt	Parties Available
7:10 PM 8:00 PM	All Belt	All Belt	Olympic style Sparring	All Belt		

- ➤ Little Tiger—Classes are for children 4 years -7 years old.
- ➤ Children—Classes are designed for children 7 years old to 13 years old of any belt level.
- > Family—Classes are designed for people who attend with another member of their family.
- ➤ All Belts—Classes are for adults and children of any belt and skill level.
- Advanced—Classes are for adults and children of Brown Belt and above.
- ➤ Black Belt—Classes are for Rec. Black and Black Belts only.
- ➤ Olympic style Sparring—Classes are for Green Belt and above.

Bring cup, mouth guard, arm and shin guards, headgear, and chest guard.

Effective September, 2011

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