



Park's Martial Arts

Tae Kwon Do & Hapkido

Class Schedule

Big Bend



Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10:00 AM 10:50AM						Rec. Black & Black Belt
11:00 AM 11:50 AM		All Belt		All Belt		All Belt
4:10 PM 4:50 PM	Little Tiger <u>4-7 years</u>		Little Tiger <u>4 -7 years</u>		Little Tiger <u>4 -7 years</u>	
5:00 PM 5:45 PM	Children All Belt	All Belt	Children All Belt	Advanced Brown Belt & above	Children All Belt	1:00-2:30 Birthday Parties Available
6:00 PM 6:50 PM	Family All Belt	All Belt	All Belt	All Belt	Olympic Style Sparring	
7:00 PM 7:50 PM	All Belt	All Belt	All Belt	Black Belt 2 nd Degree & above		

- **Little Tiger**—Classes are for **children 4-7 years old**.
- **Children**—Classes are designed for **children 7 years old to 13 years old** of any belt level.
- **Family**—Classes are designed for people who attend with another member of their family.
- **All Belts**—Classes are for adults and children of any belt and skill level.
- **Advanced**—Classes are for adults and children of **Brown belts and above**.
- **Black Belt**—Classes are for Recommendation Black Belts and Black Belts only.
- **Olympic Style Sparring**—Classes are **Green belts & above**. Bring sparring gears.

Effective April, 2010

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